

Prairie Hills is providing a monthly opportunity for you to support Call to Freedom clients and families by donating grocery items. Only screened and trained volunteers can drop off groceries to Call to Freedom, but anyone can donate!

Grocery needs are posted monthly. Lisa Ross will transport all donated items to Call to Freedom the last week of each month. Frozen and refrigerated items are intentionally left off the list.

This is the **October list**. Leave your contributions in the totes near the coffee shop.

If you would like to donate: Purchase any of the below items, whatever quantity you choose, and place them in the bin, along with your receipt or an estimated total cost of the donated items. Bulk items can be accepted.

Questions? Call or text Lisa Ross @ 605-553-0834.

Thank you!



Call To Freedom

Navigating a Healthy Path for Victims of Human Trafficking

Snacks

Instant rice

Instant potatoes

Noodles

Pasta Sauce

Mac & Cheese

Toilet Paper

Any other nonperishable food item